

## Scripps ACO Advanced Care Resources

In June 2019 the **Scripps Advanced Care Clinic (ACC)**, near Scripps Mercy Hospital in Hillcrest, opened to provide intensive, coordinated medical and social services to frail adults in central San Diego who have multiple chronic diseases and often lack social support. The clinic's primary purpose is to serve these high-need patients and provide support to their caregivers.

Since its inception the ACC has enrolled more than 150 patients, including 32 ACO patients. The clinic has also seen a 56% total reduction in potentially inappropriate medication (e.g.; Zolpidem, Hydroxyzine, etc.) and 69% of their enrolled patients have completed a Physician Order for Life Sustaining Treatment (POLST). With the success of the Scripps Advanced Care Clinic in Hillcrest, plans to expand the clinic in Chula Vista are currently in progress.

In addition, **Good Medicine**, led by internist Dr. Alexie Nguyen, was established in October 2019 and offers similar services with a home-based care approach across San Diego County. To date, Good Medicine has enrolled almost 500 patients, including nearly 200 ACO patients. Results for enrolled patients (measured 6 months after intervention/enrollment) include:

- ED/Urgent Care visits per 1,000: more than 40% reduction
- Hospitalizations per 1,000: 57-64% reduction
- Inpatient Days: more than 60% reduction

Aligned with the objectives of the Scripps ACO, these advanced care resources aim to provide high-quality and value-based care. The goals are to lower costs by reducing ED visits and hospitalizations, improving quality measures tied to patient's functional status and quality of life, and improving the experience of patients and providers.

To refer patients or for more general information, please contact:

### **Scripps Advanced Care Clinic**

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### **Good Medicine Home Based Care**

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[goodmedicineinc@gmail.com](mailto:goodmedicineinc@gmail.com) or [SHENHomeBasedCare@scrippshealth.org](mailto:SHENHomeBasedCare@scrippshealth.org)  
Epic Referral to Home Based Care-Physician Services

### **Scripps Accountable Care Organization (ACO) Board**

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