

Skilled Nursing Facility: Direct Admission Process

The Scripps Preferred Skilled Nursing Facility (SNF) Network, staffed with a Scripps geriatrician and transition care manager, has a proven track record of providing higher value to patients with high quality scores, lower readmission rates and lengths of stay, and lower cost per admission.

Patients from most managed care health plans and from the Scripps ACO are eligible to waive the Medicare requirement for a 3-day inpatient hospitalization and be admitted directly to a Preferred SNF under Medicare Part A. The waiver for ACO patients is only available at select facilities within the preferred network.

To qualify for the skilled nursing benefit, the patient needs to have a daily “skilled need” which can include physical therapy, occupational therapy, IV medication, new tube feeding, complex wound care, or daily physician assessment for medication adjustment.

Treatments available at SNFs:

<ul style="list-style-type: none"> • Oral pain control (no IV pain control) • Intensive PT and OT • Speech therapy • Nebulizer treatments (no acute BiPAP or RT needs) • IV antibiotics (to treat stable PNA, cellulitis, UTI) 	<ul style="list-style-type: none"> • IV fluids • Oral diuretics and monitoring for acute CHF (no IV diuretics) • Diabetes treatment and monitoring • Daily lab draws • Daily wound care requiring skilled nurse
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If you have a patient you feel would benefit from a SNF admission:

1. Please call **619-793-9255** to speak to a case manager **8AM-4PM, Monday-Friday**.
2. Ensure an updated medication list is updated in Epic or available to fax.
3. A case manager will verify the patient’s insurance eligibility and put you in contact with the on-call geriatrician to verify medical appropriateness.
4. If medically appropriate a case manager will work directly with the patient/family to find SNF placement and the geriatrician will write admission orders to the accepting SNF.

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