

**No Action Required. Information only:
New Qualcomm Premier Plan Member Benefits**

As a Qualcomm Premier Plan provider through the Scripps ACO your Qualcomm patients can take advantage of unique member benefits designed exclusively for them. Below are Qualcomm-sponsored resources that your office can refer Premier Plan patients to take advantage of their member-only benefits.

Employee Assistance Program (EAP)- provided by Lyra

Lyra connects employees and their dependents to mental and emotional health care that is effective, convenient, and personalized. Using technology, proven therapeutic methods, and a network of top therapists and coaches, Lyra matches members to the right care for their needs, from short-term therapy and coaching to self-guided online programs.

Vida Lifestyle and Chronic Condition Program

Vida is a digital platform that offers personalized health programs and live, one-on-one support from an expert health coach — all through an easy-to-use mobile app and website. Vida programs range from weight loss, exercise, and nutrition support to stress management, sleep health, chronic condition support, and more.

Rethink

Rethink gives employees and their families live support and 24/7 access to tools and resources to help them and their care team in understanding, teaching, and better communicating with their children. They specialize in helping care for children with learning, social or behavioral challenges and developmental disabilities.

For more information on these programs, please visit the Scripps ACO provider portal at <https://www.scrippsaco.org/aco-products/qualcomm-premier-plans/benefit-programs>.

The Scripps Concierge Team is also available for you and your Qualcomm Premier patients at 1-844-884-7266 or Qualcomm.Service@scrippshealth.org. The Concierge hours of operation are Monday-Friday, 7 a.m. to 7 p.m.

For general Scripps ACO inquiries, please contact your Practice Outreach Manager designated by your primary office location:

North of SR-52:

- **Stacy Pevney** at pevney.stacy@scrippshealth.org or 858-537-7910

South of SR-52:

- **Eydie Strouse** at strouse.eydie@scrippshealth.org or 619-279-9868

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